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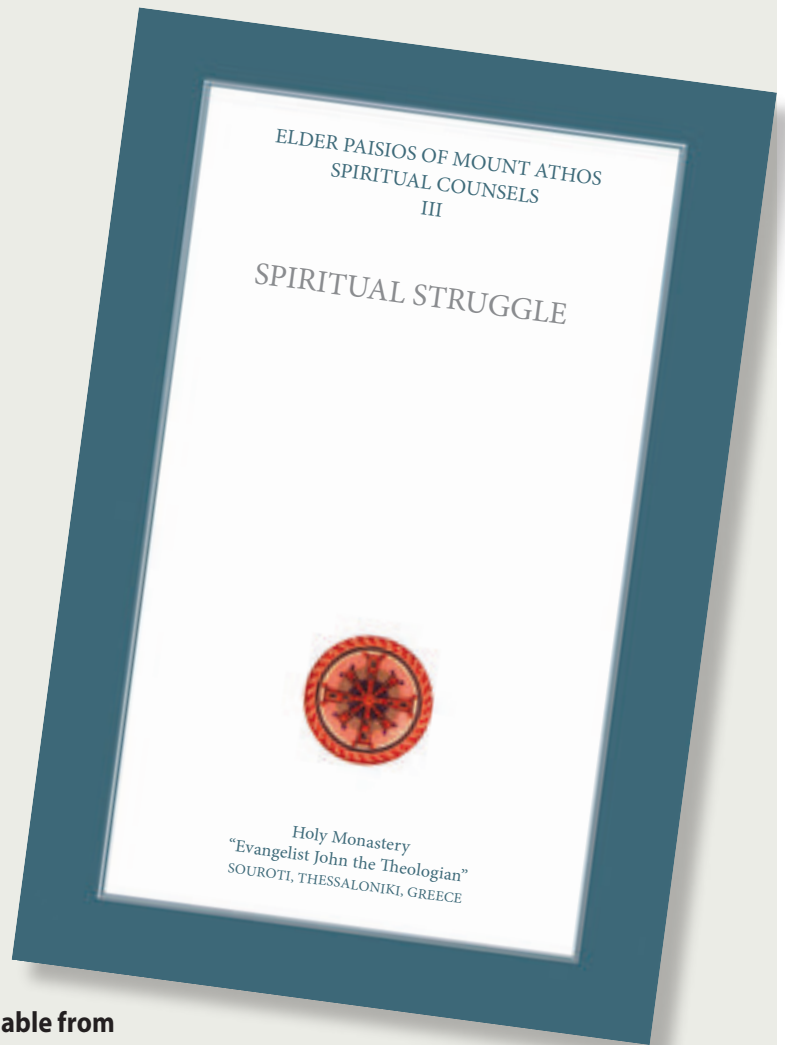
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In our times, one of the greatest illnesses is the vain thoughts of worldly people. They are tormented simply through not facing up to things in a spiritual manner. When we accept whatever happens to us with a good and positive thought, we are helped: while on the contrary, we are tormented and come apart at the seams when negative and evil thoughts prevail.

—Elder Paisios



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